



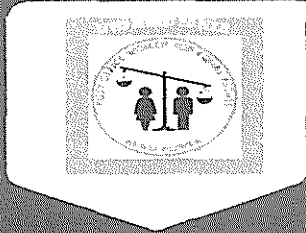
The Detroit Postal Worker

A NEWS BULLETIN FOR APWU MEMBERS

American Postal Workers Union, AFL-CIO – Detroit District Area Local

20530 Southfield Road • Detroit, Michigan 48235 • 313-532-9305 • Fax 313-532-5433 • www.apwudetroit.org

March 12, 2026



Postal Office Women for Equal Rights is sponsoring a

BIGGEST LOSER

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The challenge will begin April 12, 2026 and run through June 14, 2026

There is a \$35 registration fee to be paid at time of registration and your first weigh-in (all monies go into our rewards fund).

At the end of Challenge the individual with the most Weight Loss based on percent of body weight loss will be deemed the winner. A CASH prize will be presented after all entries have been submitted.



Please contact the following:

APWU-DDAL 313-532-9305
Tamika Johnson-Smith

DNDC 313-337-2237
Teresa Dickerson

GWY 313-964-1100
Myra Gunn

**\$35
REGISTRATION
FEE NON-
REFUNDABLE**

Everyone in all Crafts/Facilities are eligible to participate (Clerks, Maintenance, Motor Vehicle Service, and including friends, and family members.

Women -VS- Women

Men -VS- Men

50/50

Winners will be announced at the Union Meeting Sunday, June 14, 2026

APWU AFL-CIO DETROIT DISTRICT AREA LOCAL

P.O.W.E.R.

In Union Solidarity,

Christopher E. Ulmer
President

Tamika Johnson-Smith, POWER Coordinator
Lopinia L.R. Roe, POWER Assistant Coordinator
Teresa Dickerson, POWER Treasurer
Latisha Roquemore, POWER Recording Secretary
Kathy Carter, POWER Organization Chairwoman