



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE A PART OF SOMETHING BIGGER

Postal Service-APWU Local 295 Members Get Involved at the Boll FAMILY YMCA

When you join the Y, you're coming together with men, women and children from your community who are committed to youth development, healthy living and social responsibility. With a focus on developing the potential of kids, improving health and well-being, and giving back and supporting our neighbors, your membership will not just bring about meaningful change in yourself, but in your community too.

And membership has great perks:

- FREE Access to 40+ fitness like Zumba, cycling, kickboxing and aquatic aerobics classes
- FREE Session with a personal trainer
- FREE Child Watch and Kids' Club while you work out
- FULL Access to all 10 metro Detroit locations
- USE of Indoor track and rock climbing wall
- USE of the lap pool and family pool during open times
- USE of the basketball & racquetball courts
- Co-ed adult sports leagues, including volleyball, floor hockey, dodge ball, and basketball
- REDUCED RATES on youth sports and programs, like swimming lessons and gymnastics
- REDUCED RATES on rentals (birthday parties, corporate events, family events, and much more)

Join the Boll Family YMCA receive 20% off and pay a \$0 joiner fee!

Must must present this flier. Other restrictions may apply. Please contact the Y for details.

For details, contact membership at 313-309-9622 or email at bollymca@ymcadetroit.org, or stop by today to get started.